

**DEPARTMENT OF POLITICAL SCIENCE**  
**KAKATIYA UNIVERSITY, WARANGAL**  
**U.G. POLITICAL SCIENCE (STRUCTURE & SYLLABUS)**  
**Under Choice Based Credit System (CBCS)**  
**W.E.F Academic Year 2016-17 Batch**

<b>Semester</b>	<b>Course</b>	<b>Course Title:</b>	<b>Credits</b>
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**B.A 1<sup>st</sup> Year (Core Courses)**

Semester – I Course –I Political Theory 5

Semester – II Course –II Political Institutions 5

**B.A II Year (Core Course)**

Semester – III Course –III Indian Constitution and Social Dynamics 5

Semester – IV Course –IV Indian Political Process 5



**CHAIRMAN**  
Board of Studies in Political Science  
KAKATIYA UNIVERSITY  
WARANGAL-506 009 A.P

**KAKATIYA UNIVERSITY**  
**DEPARTMENT OF POLITICAL SCIENCE**  
**B.A.POLITICAL SCIENCE**  
**PAPER I**  
**POLITICAL THEORY**  
**(SEMESTER - I)**

**Unit 1: Introduction:**

- A. Definition, Scope and Importance of Political Science
- B. Evolution of Political Science

**Unit II: Political Science and other Social Sciences:**

History, Economics and Sociology

**Unit III: Approaches to the Study of Political Science:**

Liberal, Marxist and Behavioural

**Unit IV: Ideologies:**

Individualism, Socialism and Marxism

**Unit V: Theories of Origin of the State:**

Divine, Social Contract and Evolutionary (Historical)

***Books Recommended:***

1. *Principles of Political Science* : Prof. A.C. Kapoor
2. *Grammar of Politics*: Laski H.J.
3. *Substance of Politics* : A. Appadorai
4. *Political Theory* : Ashirvadam
5. *Political Theory* : O P Gauba
6. *Political Ideologies* : Their Origins and Impact, Baradat, Prentice Hall of India

**KAKATIYA UNIVERSITY**  
**DEPARTMENT OF POLITICAL SCIENCE**  
**B.A.POLITICAL SCIENCE**  
**PAPER II**  
**POLITICAL INSTITUTIONS**  
**SEMESTER - II**

**Unit I: State, Nation, Civil Society**

**Unit II: Sovereignty: Monism and Pluralism**

**Unit III: Concepts:**

- A. Law: Sources of Law, Rule of Law
- B. Liberty and Equality — Their Relationship
- C. Theories and kinds of Rights: Human Rights

**Unit IV: Forms of Government:**

- A. Democracy: Direct and Indirect
- B. Unitary and Federal
- C. Parliamentary and Presidential

**Unit V: Organs of Government**

Theory of Separation of Powers (Montesquieu)

- A. Legislature: i) Unicameral and Bi-cameral - Powers and Functions
- B. Executive : i) Powers and Functions
- C. Judiciary i) Powers and Functions  
ii) Independence of Judiciary, Judicial Review

***Books Recommended:***

- 5. *Principles of Political Science* : Prof. A.C. Kapoor
- 6. *Grammar of Politics*: Laski H.J.
- 7. *Substance of Politics* : A. Appadorai
- 8. *Political Theory* : Ashirvadam
- 5. *Political Theory* : O P Gauba
- 7. *Political Ideologies* : Their Origins and Impact, Baradat, Prentice Hall of India

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**B.A.POLITICAL SCIENCE**  
**PAPER III**  
**INDIAN CONSTITUTION AND SOCIAL DYNAMICS**  
**SEMESTER III**

**Unit I: Nationalist Movement and Constitutional Development**

- A. Colonial Rule and Indian National Movement
- B. Making of the Indian Constitution
- C. Philosophical Foundations and Salient Features of the Indian Constitution

**Unit II: Fundamental Rights and Directive Principles**

- A. Fundamental Rights and Duties
- B. Directive Principles of State Policy
- C. Relationship between Fundamental Rights and Directive Principles of State Policy

**Unit III: Union Government**

- A. President — Election, Powers and Functions
- B. Parliament: Composition, Powers and Functions
- C. Prime Minister and Council of Ministers
- D. Supreme Court — Composition, Powers and Functions — Judicial Review -  
Judicial Activism

**Unit IV: State Government**

- A. Governor
- B. Chief Minister and Council of Ministers
- C. Legislature
- D. High Court: Composition, Powers and Functions

**Unit V: Social and Political Movements in India**

- A. Farmers Movements
- B. Dalit Movements
- C. Tribal Movements
- D. Environmental Movements
- E. Women's Movements

**Books Recommended:**

1. Politics in India : Rajini Kothari
2. Indian Constitution : M.V. Pylee
3. Indian Government and Politics : S. S. Awasti.
4. Introduction to Constitution of India : D.D. Basu
5. Indian Government and Politics : K.R. Acharya
6. Indian Politics : Contemporary Issues and Concerns, Singh & Saxsena
7. Introduction to Constitution of India, 5<sup>th</sup> ed., Sharma.
8. Indian Polity : V. Lakshmiknath

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**DEPARTMENT OF POLITICAL SCIENCE**  
**B.A POLITICAL SCIENCE – PAPER IV**  
**INDIAN POLITICAL PROCESS**  
**SEMESTER - IV**

**Unit I : Union — State Relations**

- A. Features of Indian Federal System
- B. Centre— State Relations
- C. Recent Trends in Centre-State Relations

**Unit II : Local Self Government**

- A. Panchayati Raj Institutions: 73<sup>rd</sup> Constitutional Amendment
- B. Urban Local Bodies: 74<sup>th</sup> Constitutional Amendment

**Unit III: Political Process**

- A. Nature of Indian Political Party System
- B. Political Parties— National: INC, BJP, CPI, CPM, BSP, SP, JD(U)
- C. Regional Political Parties: Akali Dal, JMM, AIADMK, TRS, TDP
- D. Pressure Groups
- E. Media

**Unit IV: Electoral Politics**

- A. Election Commission — Composition, Powers and Functions
- B. Voting Behaviour — Influence of Socio-Economic Factors, Electoral Reforms

**Unit V: Statutory Commissions for Protection of Rights**

- A. National Human Rights Commission: Emergence, Evolution and Functioning NHRC
- B. National Commission for Women (NCW)
- C. National SC&ST Commission
- D. National Minorities Commission

**Books Recommended:**

1. Politics in India: Rajini Kothari
2. Indian Constitution : M.V. Pylee
3. Indian Government and Politics : S. S. Awasti.
4. Introduction to Constitution of India : D.D. Basu
5. Indian Government and Politics : K.R. Acharya
6. Indian Politics : Contemporary Issues and Concerns, Singh and Saxsena
7. Introduction to Constitution of India, 5<sup>th</sup> ed., Sharma.
8. Indian Polity : V. Lakshmikanth

**KAKATIYA UNIVERSITY**  
**U.G. POLITICAL SCIENCE (Under CBCS)**  
**B.A. Final Year**  
**SEMESTER - V: Discipline Specific Course (Credits - 4)**  
**POLITICAL THOUGHT**  
**Ancient & Medieval Political Thought Paper-V (Compulsory)**

**Module I: Introduction**

Political Thought: Nature, Methods and Significance.

Western and Indian Political Thought-Comparison

**Module II: Ancient and Medieval Political Thought**

Plato: Theory of Justices and Ideal State.

Aristotle: Classification of Governments, Theory of Revolutions and Slavery.

Manu- Dharma and Varna

Kautilya- Saptanga Theory, Mandala Theory

Thomas Aquinas: Theory of Law

**Module III: Early Modern Western Political Thought:**

Church – State Controversy

Nicolo Machiavelli as a Modern Political Thinker and Views on State Craft

**Module IV: Social Contractualists:**

Thomas Hobbes – Individualism and Absolute (State) Sovereignty

John Locke – Natural Rights and Limited Government

Jean Jouques Rousseau – General Will and Popular Sovereignty

**Module V: Utilitarians:**

Jermy Bentham – Principles of Utilitarianism

J.S. Mill- Liberty, Representative Government

***Books Recommended:***

1. Political Ideas in Ancient India : R.S. Sharma
2. Western Political Thought: Amal Kumar Mukopadhyay
3. A History of Political Thought : Sabine G.H.
4. Annihilation of Caste : Ambedkar B.R.
5. Modern Political Theory : Ebentein W
6. A History of Political Thought,: Plato to Marx, Mukherjee & Ramaswamy
7. Political Ideologies: Their Origins and Impact: Baradat, Prentice Hall of India

**KAKATIYA UNIVERSITY**  
**U.G. POLITICAL SCIENCE (Under CBCS)**  
**B.A. Final Year**  
**Semester – V: Discipline Specific Elective (Credits-4)**

**Paper-1 (A) INTERNATIONAL RELATIONS**  
**International Relations in 19<sup>th</sup> & 20<sup>th</sup> Century-I**

**Module I: Introduction**

International Relations: Definition, Evolution, Scope and Significance.  
Emergence of Sovereign State System

**Module II: History of International Relations:**

Colonialism: Causes, Phases and Impact  
The First World War; the Second World War: Causes and Consequences

**Module III: Post-War Developments:**

Decolonization  
Emergence of Third World-Problems and Prospects  
Cold War-Causes, Phases and Impact

**Module IV: Concepts:**

Power; National Power  
Super Power; Regional Power; Détente  
Bipolarity: Unipolarity; Multipolarity  
Peace; Security

**Module V: International Organizations:**

Modeled Nations: Structure and Role; Need for Reforms  
Regional Organizations: EU, ASEAN, SAARC, BRICS  
Global Development Politics & India and World (Semester 6)  
Parte I (Global Development Politics)

**Books Recommended:**

1. Appadorai and Rajan, M.S.(eds.) (1985) India's Foreign Policy and Relations: South Asian Publishers, New Delhi.
2. Art, R. J. and Jervis, R. (eds.) (1999), International Political Enduring: Concepts and Contemporary issues. 5<sup>th</sup> Editions: Longman, New York.
3. Carr E.H. International Relations between the Two World Wars:
4. Ganguly, S.(ed.) (2009) Indian's Foreign Policy: Retrospect and Prospect. Oxford University Press, New Delhi.
5. Goldstein, J. and Pevehouse, J.C. (2009) International Relations. Pearson.
6. Hans J. Morgenthau. Politics Among, Nations, New Delhi.
7. Jackson, R. and Sorenson, G. (2008) Introduction to International Relations: Theories and Approaches,,: Oxford University press, New York.
8. Prakash Chander & Prem Arora, International Relations, 'Cosmos Book hives.
9. Vinay Kumar Malhotra, (2002), International Relations: Anmol Publications Pvt. Limited
10. William, P., Goldstein, D. M. and Shafritz, J. M. (eds.) (1999). Classic Readings of International Relations. Belmont: Wadaworth Publishing co.

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**U.G. POLITICAL SCIENCE (Under CBCS)**  
**B.A. Final Year**  
**Semester – V: Discipline Specific Elective (Credits-4)**  
**(B) GOVERNMENT AND POLITICS IN TELANGANA**

**Unit I: Historical background of Telangana**

- A. Nizam's Hyderabad State
- B. Integration of Princely State – Hyderabad State Congress, Police Action, Emergence of Hyderabad State.

**Unit II: Public Awakening in Telangana**

- A. Library Movement
- B. Dalit Movement
- C. Tribal Movement
- D. Telangana Peasant Armed Struggle

**Unit III: States Reorganization**

- A. Fazal Ali Commission Observations
- B. Formation of Andhra Pradesh
- C. Gentlemen's Agreement
- D. Mulki Rules – Supreme Court Verdicts
- E. Formation of Regional Committees – Six Point Formula

**Unit IV: Phases of Telangana Agitation**

- A. Telangana Agitation - 1969
- B. Separate Andhra Agitation - 1972
- C. Telangana Maha Sabha – Telangana Jana Sabha
- D. Telangana Rashtra Samiti (TRS) Movement - 2001-2014
- E. Cultural Organization, Intervention

**Unit V: Injustices to Telangana**

- A. Water resources
- B. Employment
- C. Educational Opportunities
- D. Cultural discrimination
- E. Budgetary deprivation

***Suggested Readings***



1. Sarojini Regani, Nizam-British Relations
2. Goutham Pingle, The Fall and Rise of Telangana, Hyderabad, 2014.
3. Narayana Rao, K.V., Telangana - A Study in the Regional Committees in India, The Minarva Associates, Calcutta, 1972.
4. Sundarayya, P. 1972. Telangana Peoples' Struggle and its Lessons, D. P. Sraj Chadha for the communist Party (Marxist), Calcutta.
5. States Reorganization Commission (SRC). 1955. Report, Government of India, Delhi.
6. Krishna, Water Dispute Tribunal. 1976. (Bachawat Tribunal), <http://www.irrigation.ap.gov.in/kwdtaward.html>, accessed on January 2014.
7. Inukonda Thirumali, Against Dora and Nizam; Peoples Movement in Telangana, Kanishka Publishers, New Delhi, 2003.
8. K.Y.Reddy, Statehood for Telangana essays on Telangana Agitation, History Cultural & Society, and Published by Decan Telangana. 2010.
9. Laxman, G. and Reddy, M.N., G.O.Ms No. 610, Denial of Employment to Telangana Region, Published Telangana Information Trust, 2013
10. Telangana A challenge of the Masses (July 1969), Essay Separate Telangana State, Economic Aspect- A Theoretical Framework by Vaman Rao, Published by Telangana Graduate Convention, Warangal.
11. Pandurangam, K. Krishna Rao,V. (1994) By Andhra Pradesh Politics, Telugu Academy, Hyderabad.
12. Ambedkar, B.R. 1955 Thoughts on Linguistic States, <http://www.ambedkar.org>.
13. Veeranna G., (ed) "Social Movements In India: Issues and Challenges, Pragma Publications, Hyderabad, 2016.
14. Ghanashyam Shah: Social Movements and State Sage Publications, New Delhi.
15. Dr. Sridhar Goka, "Road to Telangana", Aditya Media, Palapitta Books, Hyderabad, 2013.
16. Kingshuk Nag., "Battleground Telangana Chronicle of An Agitation" Harper Collins publishers India, New Delhi, 2011.
17. Madabhushi Sridhar, "Emergence of Telangana A.P Reorganisation Act, 2014, Published by Asia Law House, Hyderabad, 2015.
18. B Janardhan Rao Memorial Foundation, "Identity and Struggle Telangana and Adivasis" MRK Publications Hyderabad, 2015.

**KAKATIYA UNIVERSITY**  
**U.G. B.A. Final Year (Under CBCS)**  
**Semester – V: Generic Elective Paper-I**  
**(FOR ALL SOCIAL SCIENCE FACULTY DEPARTMENTS)**

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**WATER RESOURCES MANAGEMENT**

**UNIT-I**

1. Importance of Natural Resources – Different Types Resources
2. Significance of Water Resources and their uses
3. Conservation of water and recycling of the water – Global distribution of water
4. Water shed programmes and their management
5. Storing the rain water in tanks and recharging ground water.

**Unit-II**

6. Rain water harvesting in rural areas (chekdam, trenches etc.,)
7. Over use of surface and ground water and control measures.
8. Aims, objectives and implementation of Mission Bhagiratha (Telangana Government Drinking water programme )
9. Aims, objectives and implementation of Mission Kakatiya (Telangana Government minor irrigation programme)
10. Issues and challenges in Water Resources Management

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**B.A. Final Year**  
**Semester – V: Paper-III Skill Enhancement Course**

**Telangana Heritage & Culture**

**Max. Marks: 40UE+10IA**

**Unit-I:**

Definition of Heritage and Culture: Tangible heritage: Archaeological sites, Art and Architecture- Buddhist heritage, Jain Heritage, Hindu Temple architectural heritage- Role of Government Museums, INTACH in preservation of Heritage Telangana- Kotilingala (Jagityal District), Peddapallur (Peddapalli District), Nelakondapally (Khammam District), Phanigiri (Suryapet District), Kolanupak, Vemulawada (Rajanna Sicilla District), Warangal, -Heritage related Government Departments-Museums.

**Unit-II:**

Intangible Heritage: Religion, Languages, Literature, Telangana Fairs & Festivals-Emergence of composite culture.

**Recommended Books:**

- Gangoly, O.C. *Andhra Sculpture*.  
Gopala Krishna Murthy. S. , . *Jain Vestiges in Andhra*.  
*Telangana History and Culture*: Telugu Academy, Hyderabad.  
Krishna Sastry, V.V., *The Proto and Early Historical Cultures of Andhra Pradesh*.  
Lakshimiranjanam, K., *Spot Lights on Telugu*.  
Nigam. M.L., *Sculptural Art of Andhra*.  
Radhakrishna Sarma, M. : *Temples of Telangana*.  
Ramachandra Murthy, S.S.: *A Study Telugu Place-Names*.  
Ramakantham, S. : *Guide Book to Kolanupaka Site Museum*.  
Venkataramanyya, N., *The Chalukyas of L(V) Vemulavada*.  
Rea, Alexander, *South Indian Buddhist Antiquities*  
Subrhamanyam, B., *Buddhist Monuments in Andhra Pradesh*.  
Jawaharlalnehru. G., *Jain Vestiges in Andhra*.  
Jitendra Das, D., *The Buddhist Architecture in Andhra*.  
J. Ramanaiah, *History and Culture of Karimnagar District, (A.P.)*.  
Kamal Nathan, K: *Impact of Buddhism on Telugu Society*.

**Telugu:**

- Salaam Hyderabad* (Telangana Navel). Paravastru Lokeswar  
A. Satyanarayana, *Telangana Charithra –Samskruthi Rasta Avatharana Udyamalu*.  
Sunki Reddy Narayana Reddy, *Mungili*.  
S. Narasaiah, *Telivaha Godavari*.  
Sastri, B.N., *Vemulawada Charitra-Sasanamulu*.  
----- *Nallagonda Mandala Sarvaswamu*.  
Venkateswarlu, P.B., *Bouddha Mahakshetramulu*.

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**B.A. Final Year**  
**Semester – VI: Discipline Specific Course (Credits-4)**

**POLITICAL THOUGHT**  
**Western & Indian Political Thought**

**Module I: Idealists**

GWF Hegel-Dialectics and Theory of State  
TH Green-Rights and Political Obligation

**Module II: Marxist Philosophy-1**

Karl Marx: Dialectical and Historical Materialism

**Module III: Marxist Philosophy-II**

Mao ze Dong: On Contradictions, New Democratic Revolution  
Antonio Gramsci: Hegemony and Civil Society

**Module IV: Indian Political Thought-I**

Buddha-Social and Political Ideas, Dhamma and Sangha  
Basava-Social Ideas  
Jyotirao Phule-Critique of Brahmanism, Social Revaluation

**Module V: Indian Nationalist Political Thought-II**

Mohandas Karamchand Gandhi- Ahimsa, Satyagraha.  
Jawaharlal Nehru – Democratic Socialism, Secularism  
Dr. B.R. Ambedkar- Theory of Caste, annihilation of Caste and State Socialism

***Books Recommended:***

1. D. Mackenzie Brown, (1959), Indian Political Thought from Manu to Gandhi, University of California Press, Berkeley and Los Angeles.
2. Georgy Klosko, (ed.), (2011), The Oxford Handbook of The History of Political Philosophy, Oxford University Press, New York.
3. Gregory Claeys, (eds) (2013), Encyclopedia of Modern Political Thought, Sage Publication, New Delhi.
4. M.P. Singh and Himanshu Roy, (eds), (2011), Indian Political Thought: Themes and Thinkers, Pearson, New Delhi.
5. N.D. Arora and S.S. Awasthy, (2007), Political Theory and Political Thought, Har-Anand Publications, New Delhi.
6. S.K. Sarma and Urmila Sharma, (2006), Western Political Thought (from Plato to Burke), Atlantic Publishers, New Delhi.
7. Subrata Mukherjee & Sushila Ramaswamy, (2011), A History of Political Thought: Plato to Marx, PHI Learning Private Limited, New Delhi
8. Thomas Pantham, Kenneth L. Deutsch, (1986), Political Thought in Modern India, Sage Publication, New Delhi.

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**B.A. Final Year**  
**Semester - VI: Discipline Specific Elective (Credits – 4)**

**Paper-II (A) INTERNATIONAL RELATIONS**  
**International Relations in 19<sup>th</sup> & 20<sup>th</sup> Century-I**

**Module I: International Political Economy:**

Neo Colonialism: North-South Dialogues; South-south Cooperation.  
IBRD, IMF, WTO, and MNCs  
Globalization.

**Module II: International Security:**

Arms Race, Arms Control, Disarmament.  
Issues in Nuclear Politics

**Module III: Emerging Areas in International Relations**

Environment  
Human Rights  
Terrorism

**Module IV: Foreign Policy**

Foreign Policy-Determinants  
India's Foreign Policy: Features.  
Non-Alignment-Relevance

**Module V: India's Bilateral Relations:**

India and Major Powers (U.S.A., Russia)  
India and Neighbouring Countries (China and Pakistan)

***Books Recommended:***

1. Appadorai and Rajan, M.S.(eds.) (1985) India's Foreign Policy and Relations: South Asian Publishers, New Delhi.
2. Art, R. J. and Jervis, R. (eds.) (1999), International Political Enduring: Concepts and Contemporary issues. 5<sup>th</sup> Editions: Longman, New York.
3. Carr E.H. International Relations between the Two World Wars:
4. Ganguly, S.(ed.) (2009) Indian's Foreign Policy: Retrospect and Prospect. Oxford University Press, New Delhi.
5. Goldstein, J. and Pevehouse, J.C. (2009) International Relations. Pearson.
6. Hans J. Morgenthau. Politics Among, Nations, New Delhi.
7. Jackson, R. and Sorenson, G. (2008) Introduction to International Relations: Theories and Approaches,: Oxford University press, New York.
8. Prakash Chander & Prem Arora, International Relations, 'Cosmos Book hives.
9. Vinay Kumar Malhotra, (2002), International Relations: Anmol Publications Pvt. Limited
10. William, P., Goldstein, D. M. and Shafritz, J. M. (eds.) (1999). Classic Readings of International Relations. Belmont: Wadsworth Publishing co.

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**B.A. Final Year**  
**Semester - VI: Discipline Specific Elective (Credits – 4)**

**Paper-II (B) GOVERNMENT AND POLITICS IN TELANGANA**

**Unit I: Committees and Commissions on Telangana**

- A. Girglani Commission
- B. Rosaiah Committee
- C. Justice Sri Krishna Committee

**Unit II: Role of Political Parties**

- A. National Parties – INC, BJP, CPI, CPM, BSP
- B. Regional Parties – TRS, TDP, MIM, YSRCP
- C. Role of ML Parties: New Democracy, Jana Shakti and Maoist Party

**Unit III: Role of Non Party and Civil Society Actors**

- A. Students JAC
- B. Political JAC and its activities
- C. Other JACs
  - a. Cultural JAC
  - b. Employees JAC
  - c. Lawyers JAC
  - d. Caste and Community JACs.
  - e. Role of Media

**Unit IV: Emergence of Telangana State**

- A. Constitutional Processes
- B. Formation of Telangana State

**Unit V: Party Politics and Elections in Telangana**

- A. Electoral alliances, 2004, 2009 and 2014 and Promises
- B. Formation of TRS Government

***Suggested Readings***

1. Sarojini Regani, Nizam-British Relations
2. Goutham Pingle, The Fall and Rise of Telangana, Hyderabad, 2014.
3. Sundarayya, P. 1972. Telangana Peoples' Struggle and its Lessons, D. P. Sraj Chadha for the communist Party (Marxist), Calcutta.

4. States Reorganization Commission (SRC). 1955. Report, Government of India, Delhi.
5. Krishna, Water Dispute Tribunal. 1976. (Bachawat Tribunal),  
<http://www.irrigation.ap.gov.in/kwdtaward.html>, accessed on January 2014.
6. K.Y.Reddy, Statehood for Telangana essays on Telangana Agitation, History Cultural & Society, and Published by Decan Telangana. 2010.
7. Pandurangam, K. Krishna Rao, V. (1994) By Andhra Pradesh Politics, Telugu Academy, Hyderabad.
8. Ambedkar, B.R. 1955 Thoughts on Linguistic States, <http://www.ambedkar.org>.
9. Veeranna G., (ed) "Social Movements in India: Issues and Challenges, Pragma Publications, Hyderabad, 2016.
10. Ghanashyam Shah: Social Movements and State Sage Publications, New Delhi.
11. Kingshuk Nag., "Battleground Telangana Chronicle of An Agitation" Harper Collins publishers India, New Delhi, 2011.
12. Madabhushi Sridhar, "Emergence of Telangana A.P Reorganisation Act, 2014, Published by Asia Law House, Hyderabad, 2015.
13. B Janardhan Rao Memorial Foundation, "Identity and Struggle Telangana and Adivasis" MRK Publications Hyderabad, 2015.

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**B.A. Final Year (Under CBCS)**  
**SEMESTER – VI**  
**(GE-2) GENERIC ELECTIVE-II**  
**(FOR ALL SOCIAL SCIENCE FACULTY DEPARTMENTS)**

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**PUBLIC HEALTH AND HYGIENE**

**Credits: 2**

**Theory :      hours/week**

**Marks:**

**UNIT – I : NUTRITION AND ENVIRONMENT**

- 1.1 Balanced diet and Malnutrition.
- 1.2 Nutritional deficiencies and disorders- Carbohydrates, proteins, lipids, vitamins and minerals.
- 1.3 Occupational, Industrial, agricultural and urban Health-Exposure at work place, urban areas, industrial workers, farmers and agricultural labourers, Health workers and health disorders and diseases.
- 1.4 Environmental pollution and associated Health hazards, Water borne diseases and Air borne diseases.

**UNIT-II : DISEASES AND HEALTH CARE**

- 2.1 Causes, Symptoms, Diagnosis, Treatment and Prevention - Malaria, Filariasis, Measles, Polio, Chicken pox, Rabies, Plague, Leprosy,.
- 2.2 Causes, Symptoms, Diagnosis, Treatment and Prevention of non communicable diseases - Hypertension, Coronary Heart diseases, Stroke, Diabetes, Obesity and Mental ill-health.
- 2.3 Health care legislation in India – Termination of pregnancy act, Maternity benefit act, Biomedical waste act, ESI act.
- 2.4 First Aid and Health awareness, personal health care record maintenance.



**KAKATIYA UNIVERSITY**  
**U.G. POLITICAL SCIENCE (Under CBCS)**  
**B.A. Final Year**  
**Semester - VI: Personality Development and Soft Skills**  
**Paper-IV (SEC)**

**Unit I: Personality Development:** Personality Development: Meaning- Characteristics – Determinants – Ingredients of pleasing personality. Learning: Meaning – Characteristics – Significance – Principles of learning. Self esteem: Meaning – Characteristics – Significance - Building self esteem.

**Unit II: Self Management:** Attitude Development: Meaning – Characteristics – Significance – Building Positive Attitude. Achievement Motivation: Meaning – Characteristics – Significance – Goal setting for achievement – Strategies of achievement motivation. Emotional Intelligence: Meaning – Characteristics – Significance – Strategies of developing emotional intelligence: Fear, Anger and Anxiety.

***Suggested Readings:***

1. Sarma V S Veluri & Muralidhar D., Personal Empowerment: LOTUS Series - Interactive Learning, CAMEL Limited, 2017.
2. Sarma V S Veluri and Others., Jeevan nipunyaalu: LOTUS Series, (Telugu), CAMEL Limited, 2017.
3. K Alex, Soft Skills, S. Chand & Company, 2013
4. Narula, S S., Personality Development & Communication Skills, Taxman Publications Pvt. Ltd. New Delhi.
5. Arora, A., Communication Skills and Personality Development, Kalyani Publishers, Ludhiana, 2015.